## OCTOBER 2020 DAILY PICK-UP MENU AT HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28 5 CHEESY FRENCH BREAD MARINARA SAUCE CUP	<b>10</b> NCH AND BREAKFAST ARE FREE FOR ALL STUDENTS UNTIL FURTHER NOTICE FROM THE USDA. 6 HOMESTYLE BREADED CHICKEN PATTY	30 7 FOUR MEAT PIZZA TOSSED MIXED SALAD	1 POPCORN CHICKEN BELGIAN WAFFLE MAPLE SYRUP STEAMED CORN BABY CARROTS FRUIT MILK 8 CHICKEN FAJITA WRAP STEAMED	2 "REMOTE LEARNING DAY" PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE. 9 "REMOTE LEARNING DAY" PICK-UP	ELEMENTARY STUDENT LUNCH \$2.35 MIDDLE SCHOOL & HIGH SCHOOL STUDENT LUNCH \$2.60 REDUCED PRICE \$ .40
GREEN BEANS TOSSED MIXED SALAD W/DRESSING FRUIT MILK	SANDWICH MASHED POTATOES/GRAVY BABY CARROTS & RED PEPPER STICKS FRUIT MILK	W/TOMATOES & DRESSING STEAMED BROCCOLI FRUIT MILK	GREEN PEPPERS & ONIONS SHREDDED CHEESE/SALSA RICE PILAF TOSSED MIXED SALAD W/DRESSING FRUIT MILK 15	MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.	MEALS ARE PREPARED TO MEET THE LUNCH MEAL PATTERN GUIDELINES FOR THE NATIONAL SCHOOL LUNCH PROGRAM. LUNCH CONSISTS OF A MEAT/MEAT ALTERNATE, VEGETABLE(S), FRUIT, GRAIN AND MILK.
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	FRIDAY'S LUNCH WILL INCLUDE AN ENTRÉE TO HEAT UP AT HOME
19FRENCH TOAST STICKS MAPLE SYRUP SAUSAGE LINKS HASHBROWN ROUNDS BABY CARROTS & CELERY STICKS FRUIT MILK	20 LASAGNA ROLLUP TOSSED MIXED SALAD W/CHERRY TOMATOES GARBANZO BEANS CROUTONS GARLIC W/G BREADSTICK FRUIT MILK	21 PIZZA CRUNCHERS PIZZA SAUCE CUP GREEN BEANS BABY CARROTS & BROCCOLI FLORETS FRUIT COOKIE MILK	22 BREADED CHICKEN DRUMSTICK MASHED POTATOES/GRAVY CHILLED TOMATO JUICE DINNER ROLL/MARGARINE FRUIT MILK	23 REMOTE LEARNING DAY" PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.	A BREAKFAST FOR THE NEXT MORNING WHEN LUNCH IS PICKED-UP. STUDENT BREAKFAST \$1.10 FREE & REDUCED STUDENTS RECEIVE AT NO CHARGE
26 CHEESE PIZZA TOSSED MIXED SALAD W/DRESSING STEAMED BROCCOLI FRUIT MILK	27 CHICKEN & NOODLES MASHED POTATOES GRAVY BABY CARROTS & CUCUMBER SLICES DINNER ROLL/MARGARINE FRUIT MILK	28 TOTALLY TACO QUESADILLAS W/SOUR CREAM & SALSA RICE PILAF PINTO BEANS TOSSED MIXED SALAD FRUIT MILK	2000 CORN CHICKEN BOWL (MASHED POTATOES, POPCORN CHICKEN, CORN, GRAVY & SHREDDED CHEESE) CHILLED TOMATO JUICE W/G BREADSTICK FRUIT HALLOWEEN COOKIE MILK	<b>3 CREMOTE LEARNING DAY"</b> PICK-UP MEALS AVAILABLE AT HIGH SCHOOL, SIGN-UP ON OUR SCHOOL WEBSITE.	"MENU SUBJECT TO CHANGE" "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."